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PERFECT SMILE SPA

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Close Gaps Quickly and Comfortably with Composite Bonding

Many people feel self-conscious about small gaps between their teeth, but the thought of wearing braces for months – or even years – can be off-putting. That's where composite bonding offers the perfect solution: a quicker, non-invasive, and highly effective way to close gaps and transform your smile.

What Is Composite Bonding?

Composite bonding involves applying a tooth-coloured resin material directly to your teeth. It's carefully shaped and polished to blend seamlessly with your natural smile, closing spaces and enhancing overall appearance. Unlike traditional treatments, bonding does not require any drilling or removal of your natural tooth enamel – meaning it's completely non-invasive.

Why Choose Bonding Over Braces?

Braces are highly effective for complex alignment issues, but for small to moderate gaps, bonding is a much faster and simpler option. Instead of waiting months or years, bonding can be completed in just one appointment, giving you instant results.



Benefits of Composite Bonding

- Quick & Convenient – A brand-new smile in a single day.
- Minimally Invasive – No drilling, no injections, no damage to natural teeth.
- Natural Finish – The resin is colour-matched to your teeth for a flawless look.
- Customisable – We can refine the shape and size of teeth while closing gaps.
- Boosted Confidence – A straighter, more uniform smile that looks brighter and more harmonious.



Combine Whitening for the Best Results

To achieve the most radiant outcome, many patients choose to have teeth whitening first. This brightens the natural teeth, and then we shade-match the composite material to ensure a seamless, whiter finish.

A Beautiful Smile Made Simple

Composite bonding is a safe, fast, and effective way to achieve a more confident smile without the wait or invasiveness of braces. At Perfect Smile Spa, we tailor every treatment to your needs, helping you achieve the bright, gap-free smile you've always wanted – in as little as one day.



The Benefits of Replacing Old Crowns with New Ceramic Crowns

Over time, dental crowns can start to show their age. If you've had crowns for several years, you may notice dark borders around the gum line, yellowing, or a bulky, misfitting appearance. Many older crowns also contain metal beneath the porcelain, which can create shadows and prevent them from looking as natural as your own teeth.

At Perfect Smile Spa, we believe your crowns should enhance your smile – not take away from it. That's why we now only use fully ceramic crowns, designed with the latest technology to look and feel just like natural teeth.

Why Replace Old Crowns?

Old crowns with metal substructures can create visible dark margins around the gum line. Over time, the porcelain overlay can also stain or dull, leaving your teeth looking tired or discoloured. In some cases, older crowns may not fit as well as they once did, leading to discomfort or hygiene issues.

Replacing them with modern ceramic crowns instantly improves both the look and function of your teeth.

The Benefits of Ceramic Crowns

- ✦ Natural Appearance – Ceramic crowns are metal-free, which means light passes through them just like natural enamel. This gives them a more lifelike, translucent quality compared to traditional crowns.
- ✦ No Dark Margins – Because there's no metal, you won't see dark lines at the gum line. Instead, your crowns blend seamlessly with your natural teeth.
- ✦ Strength and Durability – Thanks to advanced ceramic materials, today's crowns are incredibly strong and long-lasting, offering the same protection and function as metal-based crowns.
- ✦ Whiter, Brighter Smile – New ceramic crowns are custom-shaded to match your teeth, creating a whiter, fresher and more uniform appearance.
- ✦ Improved Fit – Modern crowns are designed using digital technology, ensuring a precise, comfortable fit.
- ✦ Better Alignment and Proportions – Replacing bulky, outdated crowns with sleek new ones can make your smile appear straighter, more aligned, and beautifully polished.



A Smile That Feels Brand New

Ceramic crowns don't just restore your teeth – they restore your confidence. Whether you want to update one old crown or refresh your entire smile, replacing outdated restorations can make a dramatic difference.

At Perfect Smile Spa, our bespoke ceramic crowns are carefully crafted to give you the most natural, radiant, and confident smile possible. With no metal, no dark lines, and a polished, modern finish, they're the perfect way to bring your smile back to life.



Refer a friend or family member, & get a
*FREE Hygiene session worth £89

*Terms & Conditions Apply

The Importance of Attending Oral Hygiene Appointments

Maintaining a healthy smile isn't just about brushing and flossing at home – regular oral hygiene visits with a professional are essential for keeping your teeth and gums in top condition. At Perfect Smile Spa, we offer both 30-minute and 1-hour hygiene sessions, tailored to your needs, to help keep your smile looking and feeling its very best.

What Happens in an Oral Hygiene Visit?

- During your hygiene appointment, our skilled hygienists will:
- Thoroughly clean your teeth, removing plaque and tartar build-up that brushing alone can't remove.
- Polish your teeth to remove surface stains, leaving them feeling smooth and fresh.
- Assess the health of your gums and provide guidance on preventing or managing gum disease.
- Offer tailored advice on brushing, flossing, and other home-care techniques suited to your needs.

In your appointment, we'll also discuss your oral hygiene routine in detail – looking at areas that may need improvement and sharing simple, effective tips to keep your mouth as healthy as possible.



Why Regular Visits Matter

Even with the best home care, plaque and tartar can build up in hard-to-reach areas, increasing the risk of tooth decay, gum disease, and bad breath. Regular hygiene visits help prevent these problems, keeping your gums healthy and your teeth strong. For patients with gum concerns or heavy staining, our longer 1-hour sessions allow for deeper cleaning and more comprehensive care, while our 30-minute sessions are ideal for maintenance and ongoing prevention.

Invest in Your Smile

Your oral hygiene is the foundation of a beautiful smile. By attending regular hygiene visits, you're protecting not only your teeth and gums but also your overall health and confidence. At Perfect Smile Spa, we'll work with you to ensure your smile stays clean, healthy, and radiant for years to come.



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